



HELEN

Zhong

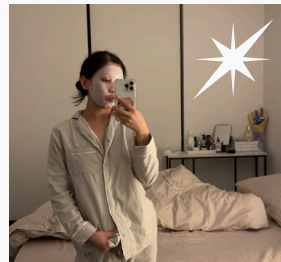
@lifewithhelen__
CONTENT CREATOR

I'm a 27-year-old software engineer based in Australia, making content about building a low-tox, intentional life. I share the swaps, the research rabbit holes, the things that actually worked. I'm documenting the journey as it happens, figuring it out as I go. My audience doesn't just watch. They save it, come back to it, and actually make the change.

RATES



Feed Reel	\$200 - \$350
Carousel	\$100 - \$250
Product Review	\$200 - \$400
Stories (3-5)	\$75 - \$150
UGC for Ads (creation only)	\$200 - \$300
Whitelisting	fr. \$150/month
Bundle: Reel + Stories	\$200 - \$400



DEMOGRAPHICS / AUDIENCE

AGE RANGE

54% 25-34 YEARS

LOCATION

22% AUSTRALIA, 15% USA

GENDER

76% FEMALE

TOTAL FOLLOWERS
1.4K

ENGAGEMENT RATE
23.6%

TOTAL REACH (LAST 30 DAYS)
52K

LET'S COLLABORATE!

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